

NATIONAL SCHOOL BREAKFAST WEEK MARCH 6TH - 10TH

## How does school breakfast help you?

Students can concentrate on their schoolwork better when they're not hungry. Studies show that kids do better in school when they eat breakfast.



Monday	Tuesday	Wednesday	Thursday	Friday
		1	2 Dr. Seuss Day	3
Choose MyPlate.gov		Pork Stew w/Biscuit or Grilled Cheese w/Tomato Soup	Turkey Roast w/Hot Roll or Pork Tenderloin Sandwich	No School
6	7	<sup>8</sup> Early Release	9	10
Roast Beef w/Hot Roll or Mexican Bar	Chicken Supreme w/Rice or Cheeseburger	Turkey Roast w/Hot Roll or Shepherd's Pie w/Hot Roll	Hot Dog Bar or Popcorn Chicken	Spicy Chicken Sandwich or Grilled Cheese w/Tomato Soup
13	14	15	16	<sup>17</sup> St. Pat's Day
General Tso's Chicken w/Rice or Baked Chicken w/Hot Roll	Meatloaf w/Hot Roll or Spicy Chicken Sandwich	Lasagna w/Hot Roll or Corn Dogs	Popcorn Chicken or Beef Stew w/Biscuit	Reuben or ed Potato Bar w/Hot Roll
20	21	22	23	24
Spring Break March 20 <sup>th</sup> -24 <sup>th</sup>				
27	28	29	30	31
Chicken Supreme w/Rice or Pork Tenderloin Sandwich	Pasta Bar or Ham & Beans w/Cornbread	Pork Roast w/Hot Roll or Chicken Fajita Sub	Reuben or Tater Tot Casserole w/Hot Roll	Mac & Cheese or Spicy Tuna Sliders